

January 2019 CIVIL SERVICE SAILIN Civil Service Sailing Association XXX





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It might be .cold and miserable outside - well, in northern England anyway - but plans are firming up for a new season of sailing. Maintenance work is taking place on club yachts, ready to launch in spring, and dinghy sections are braving the temperatures to take advantage of the windy conditions.

I look forward to hearing about your sailing exploits through contributions to the magazine, do keep the stories coming.

A reminder that images need to be high-resolution JPEGs, and deep, portrait-shaped for the front page.

Deborah Ward, Editor

■ FRONT PAGE PICTURE: John Cranwell Ward and Anne Brolley on Time Flies (Soling), at Rutland Water, with Lift Off (Squib) in the background. More on Rutland Civil Service Sailing Club, page 8-9.

AGM early warning

Just in case members fail to spot the various reminders on these pages, it's worth noting that the 2019 CSSA Annual General Meeting has now been booked for *Thursday I Ith April 2019*, starting at 6.15pm, at the Civil Service Club, 13/15 Great Scotland Yard, London, SWIA 2HJ.

All are welcome and we hope to see as many members there as possible.



New volunteer for magazine

After editing the Civil Service Sailing for five years, I've decided it's time to step aside and hand the reins over to someone new.

The magazine has been around now for more than 55 years, and its been both a pleasure and a privilege to work on it. In the hands of new editor Eilieen Kitts, I'm confident it will continue to grow.

I've enjoyed reading your varied contributions and had fun designing the layouts.

As well as printed copies mailed to members, the magazine is available via the website of both the CSSA and CSSC. A dozen or so members have opted to receive the electronic version only, and we are happy to extend this to anyone who might prefer it. Do drop us an email.

As well as the magazine, the website has been refreshed and is now more lively and up to date, thanks to webmaster Andrew Moore.

Eileen works for the Office of National Statistics and is based up here in the North West., and has previously worked for UK Visas and Immigration. She's sailed with Dee Sailing Club, as volunteer crew member with Ocean Youth Trust and with 5KSC.

The magazine depends on your support and I hope you continue to let us know about your sailing adventures.

So I'd like to say a big thank you to all contributors - both afloat and ashore - and I look forward to reading more about CSSA sailors in future editions. I wish Eileen good luck in her new role.

Deborah Ward, Retiring Editor

... DIARY DATES DIARY DATES DIARY DATES

- Rutland Civil Service Sailing Club AGM, 9th February, Rutland Sailing Club
- RYA Dinghy Show, 2nd-3rd March, Alexandra Palace, London
- CSSA AGM, 6.15pm, 11th April, Civil Service Club, 13-15 Great Scotland Yard, London SW1A 2HJ
- Inter-Departmental Offshore Regatta, 9th-14th June, The Solent
- CSSA Dinghy Championships, 20th-22nd September, Hooe Point Sailing Club, Plymouth Sound
- Rolex Fastnet Race, August 2019

Offshore cruising, racing and training in 2019

The cruising programmes for our three offshore yachts are taking shape. Both Freyja and Sea Essay are spending time in the Channel before heading down the west coast of France as far as La Rochelle. Ynot is once again heading north for time in the Clyde for 5KSC's Inshore Skippers and others and then on to the Hebrides.

2019 is a Fastnet year. We wish CSORC every success in mounting a campaign in this challenging and prestigious event.

Tom Richardson and his committee have issued the Notice of Race for IDOR 2019. Let's see more departments and more CSSA (yacht and dinghy) divisions represented this year. The yachts have a crew of up to eight and entries are eligible to hire a racing skipper if your department or division is unable to provide a volunteer racing skipper. I hope to see you there.

■ Paul Brereton: Aiming to compete

It's great to see all three yacht-operating Divisions committing to delivery of training in 2019 – the first time since RYA rule changes some years ago made this more difficult for Clubs such as ours.

Acting Vice-Commodore

And POG enters a new era with the commissioning of its new Roodberg-based yacht launching and recovery system. There's interesting viewing at:

https://www.youtube.com/watch?v=KhQzY3AH0qg&authuser=0 Well done POG!

Dinghy news

On the dinghy front there are two pieces of very welcome news.

I'm delighted to welcome Andy Selves as co-opted Rear Commodore (Dinghies).

I was delighted to receive a call from Hooe Point Sailing Club offering to host a national dinghy event on Plymouth Sound. Please set aside the weekend of 20th-22nd September 2019 for your department or division (dinghy or yacht) entry, or just come as a dinghy crew.

I'm hoping to hire a dinghy in Plymouth but, failing that, I might trail my GP14 (lose weight) or Phantom (improve stamina) to join the fun. I don't expect to be a podium contender against CSSC and CSSA elite dinghy racers.

Running your CSSA

The CSSA is your link between sailing in your Division and our parent body, the CSSC.

We owe a continuing big thank you to Brian Grubb, our Treasurer, who quietly secures CSSC sponsorship of CSSA events and financial success for the CSSA and its Divisions. This includes dealing with solicitors on Club leases and other matters to find practical ways through challenges to CSSA business.

January is a busy time of year for Brian Stevenson, our General Secretary, as nominations and motions for our AGM in April add to an already busy agenda for sustaining and developing our CSSA and Divisions. Thank you Brian.

The deadline for nominations and motions for April's AGM has now passed. However, there are one or two constitutional posts that are vacant and we would be happy to co-opt willing volunteers with an appropriate mix of experience and enthusiasm.

I offer a warm welcome to Eileen Kitts who's recently been co-opted to the General Committee and begun working closely with Deborah Ward, our Public Relations Officer, on our magazine. Thank you both.

When did you last look at the CSSA website? Keep up to date with all that is going on in the CSSA between magazine issues at **www.cs-sailing.org**..Thank you to Andrew Moore, our webmaster.

Be sure to sign up before the end of the month!

By Tom Richardson, IDOR 2019 Committee

Regular readers of CS Sailing will hopefully be familiar with the Inter-Departmental Offshore Regatta (IDOR). However, as this represents too great an opportunity to miss I'd like to reflect on the event's history and remind everyone of this year's regatta.

The IDOR began back in 1976 and, until 1989, involved yachts racing across the channel. In the mid-1990s, the event moved to a matched fleet and in recent years to the waters of the Solent. The historical results show an interesting mix of boats and organisations over the years.

No doubt there are stories which could fill many pages of CS Sailing. Purists may argue that the IDOR is not an Offshore Regatta and technically they probably are correct. But the name now seems to have stuck.

The event continues, on an annual basis normally in June over a week, it involves a mix of "inshore" and "offshore" races, one of which is usually a race around the Isle of Wight. Berthing in Cowes allows crews to explore the town, while a regatta dinner and prizegiving is held on the Thursday night before a self-finishing race back across the Solent.

In recent years, the number of IDOR entries has decreased from around 20 boats to 12-15. This is disappointing but seems to be

in line with a broader decline across CSSC events. The committee has discussed varying the format of the event including visits to different harbours and incorporating more "offshore" races. However, for 2019 we will continue with the established format.

One of the options under consideration is a longer race to Poole, before returning to Cowes the next day. The current fleet of Beneteau Oceanis 37s continue to suit the event but these are likely to change in the coming years as Fairview renew their fleet.

This year's IDOR will take place from the 9th June so boats need to be booked with Fairview Sailing by the 31st of January 2019. As usually a Crew Bureau will operate matching interested crew with spaces on boats. We are especially interested in getting new departments involved, so please spread the word far and wide.

Over the years, it is great to see many newcomers returning for the IDOR and I think this highlights a key strength of this event in getting people on the water. For some it may be a stepping stone to other events, but for many the mix of racing in a relaxed environment keeps them coming back.

More information about this year's event including a Notice of Race can be found on the IDOR website: **www.idor.org.uk** or by contacting the committee: **idor@cs-sailing.org**.



The Civil Service Inter-Departmental Offshore Regatta



Bumps and scrapes won't prevent a year of fun afloat

At the end of its fourth sailing season having now clocked up a total around 18,000 nautical miles, Sea Essay has been lifted out for its winter maintenance at the hands of Jeff Llewellyn and his Yacht Husband team (Colin Smith, Bob Meir, Andy Rankine and Adrian Kelly). Any volunteers to help clean up 200-plus days of sailing and onboard-living detritus?

Annual General Meeting

The Channel Sailing Division (CSD) held its 2018 AGM on the 24th November at Hornet Services Sailing Club, Gosport.

Andy Smith, CSD Captain, and other Committee Officers reported on a fairly successful year despite some major disruptions.

The year started with the coding survey and the discovery of a crack in the fore and aft faces of the cross ship 'top hat' section of the inner hull near the forward keel bolts. This required the boat to be lifted for the area to be repaired with extensive and multiple layers of fibreglass.

There was no clear reason as to the cause of the cracking as only minor groundings were reported during 2017 so it has been put down to hull flexing, possibly connected to poor build quality (the Jeanneau Agents did contribute to the repair costs). The whole area will undergo a thorough examination in this year's lay-up.

Other technical issues, some extreme weather plus a few bumps and scrapes and uncommitted Comp Crew/Day Skipper candidates meant we lost a total of 49 sailing days.

Despite that, 24 different Approved Skippers took over 150 CSSC/CSSA members (including 60 new members) sailing on our usual fare of Taster Day Sails, Sea Times, Charters and Training courses (both in-house and RYA).

There continues to be challenges delivering formal RYA training from within the club and we have continued to draw on support from commercial schools.

Whilst there has not been much progress on re-establishing the RYA sea school within CSD, we are continuing to work with CSSA and other clubs to develop a coherent strategy, which we hope will deliver change over the next couple of years.

One new initiative this year following suggestions from members is the CSD mentoring scheme to link experienced skippers with members who would like guidance and support in developing their sailing skills.

We hope this will continue to grow in 2019. Colin Hurd is co-ordinating this and if you would like to join in his contact details are on the website (www.channelsailing.org).

The following elections to the CSD Committee 2019 were agreed by the meeting

Position	Name	Contact	Responsibilities	
Captain	Andy Smith	csdcaptain@yahoo.co.uk		
Treasurer	Lindsay Cole	lindsay.cole@btinternet.com Radar Instructor		
Secretary	Bill Taylor	wrbtaylor@tiscali.co.uk		
Yacht Secretary	Adrian Barnes	boscombe@lineone.net	PSC Chair & HSE	
Yacht Husband	Jeff Llewellyn	j.llewellyn57@ntlworld.com	Skipper Familiarisation	
Crew Bureau Secretary	Susie Welch	seatimebureau@channelsailing.org	Sea Time Organiser	
Committee Member	James Savage	training@channelsaling.org	Training Organiser	
Committee Member	Brian Skelley	charters@channelsailing.org	Charter Organiser	
Committee Member	Colin Smith	csddaysails@gmail.com Day Sail Organiser*		
Co-opted Member	David Price	df.price@btinternet.com Skipper representa		
Committee Member	David Haward	davidhaward@btinternet.com	Yacht Husband team	
Committee Member	Andrew Moore	asjmoore@gmail.com	Publicity	
* For CSSC Taster Day Sails Contact Jenny Yarrow at CSSC (jennifer.yarrow@cssc.co.uk)				

Training Opportunities

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Date	Course	Berths	Skipper	Contact
3 rd -6 th March	Boat Handling I	4	TBA	training@channelsailing.org
10 th -17 th March	RYA Yachtmaster	4	TBA	training@channelsailing.org
9 th -12 th April	Sail Trim 1	4	TBA	training@channelsailing.org
30 th April-3 rd May	Boat Handling 2	4	TBA	training@channelsailing.org
2 nd -5 th October	Sail Trim 2	4	TBA	training@channelsailing.org
6 th -11 th October	RYA CC/DS	4	TBA	training@channelsailing.org
29 th Oct-I st Novb	Boat Handling 3	4	TBA	training@channelsailing.org

Sea Times

Sea Times are cruising events aimed at providing further experience for beginners, competent crew and aspiring skippers. Whilst cruises are led by nominated CSSA-Approved Skippers, they're meant to be for the benefit of the paying members and, within the bounds of safety and seamanship, their wishes, hopefully elicited well before the event starts, should be accommodated.

For 2019 there is an initial programme of 10 weekend Sea Times; two will be of four days duration to provide a more intensive experience possibly including night sails. Again two of the two-day weekend trips have been offered to CSSC as an extension to their Taster Day programme. It is also expected that up to three legs of the Summer Cruise will be seven-day Sea Times.

The Crew Bureau exists to bring prospective crew and skippers together for Charters as well as Sea Times. We encourage members looking for sailing opportunities and skippers looking for crew to make themselves known to Susie Welch (seatimebureau@channelsailing.org).

Day Sails and Group Day Sails

Day Sails are intended as a fun day out from 09.00 hours to 18.00 hours to provide an introduction to sailing on a cruising yacht in the sheltered waters of the Solent and usually includes a stop for lunch at a suitable hostelry (often on the Isle of Wight).

CSSC have included Day Sails into their taster day programme and application for berths should be made to Jennifer Yarrow (*jennifer.yarrow@cssc.co.uk*) in the first instance.

We also organise similar days out for groups, say from the same organisation, or groups of friends. We provide a qualified, experienced skipper and mate. For more information and to apply for a Group Day Sail please contact Colin Smith (csddaysails@gmail.com).

2019 Summer Cruise

We again conducted a short survey to garner opinions from Approved Skippers for the 2019 Summer Cruise. This was sent out to a total of 110 CSSA Approved Skippers of whom 40 replied with 24 expressing a definite interest in taking part in the 2019 Summer Cruise across the Channel to Brittany and then to the southwest of UK. At the time of writing there are still four weeks available:

- 8th-15th June Channel Islands/St Malo to Brest
- 15th-22ndJune Brest to Pornichet
- 13th-20th July La Trinite to Brest
- 20th-27th July Brest to Falmouth

If you 're interested in chartering any of these weeks, contact Adrian Barnes (boscombe@lineone.net) or Brian Skelley (charters@channelsailing.org). If you'd like a berth on these or other charters/Sea Times, contact Susie Welch (seatimebureau@channelsailing.org)

The survey elicited 13 votes for a cruise to Ireland in 2020 so we shall be investigating the feasibility of achieving that.

For the latest CSD news and information follow us on Facebook and Twitter (@seaessay409).

Sea Time Opportunities

Sea Times (two, three & four-day events run from 18.00 on Day 1 to 18.00 final day)					
Date	Area	Berths	Skipper	Contact	
22 nd -24 th February	Solent +	4+	TBA	seatimebureau@channelsailing.org	
20 th -24 th March	Solent +	4+	TBA	seatimebureau@channelsailing.org	
5 th -7 th April	Solent +	4+	TBA	seatimebureau@channelsailing.org	
26 th -28 th April	Solent +	4+	TBA	jennifer.yarrow@cssc.co.uk	
10 th -12 th May	Solent +	4+	TBA	seatimebureau@channelsailing.org	
7 days Summer Cruise	Various	4+	ТВА	seatimebureau@channelsailing.org	
15 th -18 th Sept	Solent +	4+	TBA	seatimebureau@channelsailing.org	
27 th -29 th Sept	Solent +	4+	TBA	jennifer.yarrow@cssc.co.uk	
11th-13th October	Solent +	4+	TBA	seatimebureau@channelsailing.org	
24 th -28 th October	Solent +	4+	TBA	seatimebureau@channelsailing.org	
15 th -17 th Nove	Solent +	4+	TBA	seatimebureau@channelsailing.org	

Rates unchanged for 2019
Following last year's 5% increase
in the rates we are holding
them at the same level for 2019.

■ The full 2019 Programme can be viewed on the Sailing Opportunities page at www.channelsailing.org

2019 goal is getting even more people on the water

By Dave Grundy

As I sit writing this article on a wind,y wet and now dark December afternoon, our two Squibs have been put to bed for the winter and are all wrapped up to keep them dry Until April 2019. Ever hopeful of some decent winter sailing conditions, we've kept Time Flies, our Soling, available for sailing.

The winter gives us a great opportunity to stop and reflect of 2018 and start to imagine what 2019 holds for our small and friendly club, based at Rutland Sailing Club (RSC).

Getting more people afloat: Making sailing accessible and fun for CSSC members, is a key aim of RCSSC. Over the last few years, the club has focused on increasing the number of approved helms in the club, enabling more members to get out on the water

From a small handful in 2014, the club now has 17 approved helm for the Squibs and four for the Soling. We look forward to seeing more, and members sailing more often in 2019.

Fancy a Sail? The best way to find out if you like something (or not) is to try a taster.

The CSSC have been very supportive to our club and we're happy to support them in turn by delivering tasters for CSSC members. We have five CSSC tasters from May – September 2019 and you can find out more from our website RCSSC Taster Events page which will take you directly to the CSSC where you can book your taster.

We also support Rutland Sailing Club's Open Day by taking folks out for a sail on our Squibs/Soling. Some folks just enjoy the sail others go on to join RSC — delighted to support our host club.

About RCSSC: Our Annual General Meeting will be held at Rutland Sailing Club (RSC) on Saturday 9th February 2019, chaired by our Club Captain Christine Peck – her second year. Thanks Chris, you got involved from the start and keep on contributing.

Despite our small size, we still have all the jobs that all sailing clubs need to have, and our thanks go to the committee who volunteer time freely to support and enable RCSSC members, as well as engaging positively with RSC and their members/fleets.



A number of our members are looking to get involved in racing to improve their sailing experience and knowledge. This item is on the AGM agenda and we are looking to engage with fellow RSC Cruiser Fleet members - Watch this space!

CSSC? CSSA? RSC? The CSSC/ CSSA is the parent and governing body of the RCSSC and we are delighted to be part of the family and enjoy the wider benefits of CSSC/CSSA membership.

RSC has been the home of RCSSC since 2003, and is a premier UK sailing club with great facilities and stunning views across



Rutland Water (one of the largest lakes in Europe and by surface area, it is the largest reservoir in England).

As well as members sailing, it regularly hosts national and international sailing events and has its own RYA approved Sailing School RSCCS was established by our founder Peter Shuttleworth in 2003 — where we enjoy corporate membership along with a number of other clubs, organisations, businesses. Our members appreciate the club, its facilities and fellow members and the RSC team and volunteer regularly to support RSC events.

At the AGM I shall be handing over the Public Relations Role (PRO) which I have been covering for the last few years with the aim of getting the club's message out there – we are a warm and friendly club that sails keelboats in good company.

It's been real fun, taking pictures, writing articles and getting people to share their stories too — probably the best keelboat club in the CSSA;) I'd say. Thanks to the CS magazine and website for helping us promote our club and share with other great clubs in the CSSA.

They're simply the best - and that's twice over

Littleton Sailing Club is now the best sports club in the Borough of Spelthorne in Middlesex! This accolade, by way of an annual award, is given by Spelthorne Council in recognition for outstanding activities in sports in the 2018 Spelthorne Sports Awards.

The ceremony on 9th October at Shepperton Studios saw ter awards given out.

In recent years Littleton Sailing Club has been successful in other categories, but this is the first time Littleton has won the overall award for the best sports club.

This is down to everything Littleton does as a club, and the fact that the Club is passionate about sailing. This is very much a shared award amongst all members who can take great pride in being recognised in this way.

At the award event, the audience was treated to a speech from Debbie Flood, double Olympic silver medallist in rowing, on the power of persistence, and how, by continuing with your aims, along with commitment and dedication, high levels can be achieved. The award ceremony was in the presence of the Mayor of Spelthorne, Mrs Jean Pinkerton.

At the ceremony, well known Littleton member Jo Lloyd also won the award for Volunteer of the Year, for her dedication to duty co ordination in running for many years the Club's Dutyman system by which all members are rostered for their club tasks throughout the year. Well done Jo, richly deserved recognition.

With 150 sports clubs in the Borough of Spelthorne, these awards are prestigious, and along with other awards won on previous occasions confirm that Littleton Sailing Club is a really active sports club and is recognised by the local community.

Well done Team Littleton



■ The Littleton team were presented with their awards by the Mayor of Spelthorne Mrs Jean Pinkerton

FIVE KINGDOMS SAILING CLUB

Girls rule but men are welcome too

especially to encourage more women into sailiing. Last May, with a taster day in between.

captain@5ksc.org.uk.. People with skills as well as novices and

Ynot will be in Conway for most of May 2019, before starting

the cruise up to Largs and staying in Scottish waters until Sep-

crewbureau@5ksc.org.uk

If you qualify as an Inshore Skipper, you can charter Ynot with this is a great experience and a real opportunity to work up to

For furtherdetails of the 5KSC sailing programme, check out the website at: www.5ksc.org.uk

Congratulations Mike!



Every year, the RYA presents awards to volunteers who have made significant contribtions to sailing and this year, POG Commodore Mike Childs (above) was among those receving an award.

Mike was presented with a community award for his lifetime commitment to POG as Commodore; sailing handicapper and his earlier contributions to the club when the POG site was being negotiated. The presentation was made by the Princess Royal, Princess Anne in London.

After the presentations both Mike and his wife Vi had a chance for a brief chat to the Princess prior to a celebration lunch.

CSSA DINGHY CHAMPIONSHIPS 2019



■ Enjoy racing in the beautiful waters of Plymouth Sound

Welcome to Hooe Point's weekend of dinghy fun

Hooe Point SC in Plymouth are pleased to announce that the 2019 CSSA Dinghy Championships which will take place over the weekend of 20th, 21st and 22nd of September.

Racing will take place using the beautiful waters of Plymouth Sound on the Saturday and Sunday and there will be a fun race on the Friday evening in the river, as an icebreaker.

There will be a barbecue on Saturday after racing for all competitors and their families (BYOB).

Several camping venues are within easy reach of the sailing club and there are also nearby B&Bs and plenty of hotels.

Full details will be published in the near future but in the meantime, why not visit the regatta website and register your interest in this event. The website address is: cssa-regatta-plymouth.co.uk

It will be helpful to us if we can have an idea of numbers who may be attending.

By registering your interest we will be able to keep you updated with developments.

We look forward to seeing you in September.

For any queries please contact Keith Kendall by email at: kkendall@hotmail.co.uk



CSSA is affiliated to the Civil Service Sports Council (CSSC) and the Royal Yachting Association



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